

# Physical Therapy Medical Screening Questionnaire

Date: \_\_\_\_\_

Name: \_\_\_\_\_

Gender: M F    Age: \_\_\_\_\_

Smoker: Y N    Pregnant: Y N

Occupation: \_\_\_\_\_

Describe your regular exercise routine: \_\_\_\_\_

Past Surgical History (list all & date):

Please List All Current Medications:

Have you had an x-ray, MRI, or other imaging study?

**Past Medical History: Please circle each condition that you have been told you have (or had).**

Cancer	Diabetes	Kidney Disease	Liver Disease	Stroke
High Blood Pressure	Heart Disease	Angina/Chest Pain	Ulcers	Fibromyalgia
Osteoporosis	Osteoarthritis	Rheumatoid Arthritis	Sexually Transmitted Disease	
Allergies/Asthma	Lung Disease	Have you had a recent illness (explain if yes)? _____		
Do you take blood thinners? YES NO		Are you allergic to latex? YES NO Other: _____		

During the past month, have you often been bothered by feeling down, depressed, or hopeless? YES NO

During the past month, have you often been bothered by little interest or pleasure in doing things? YES NO

**Currently I am experiencing (circle all that apply):**

Fever/chills/sweats	Poor balance (falls)
Unexplained weight loss	Difficulty swallowing
Depression	Headaches
Changes in bowel or bladder function	Increased pain at night
Numbness or Tingling	Changes in appetite
Shortness of breath	Dizziness
Nausea /Vomiting	

**CURRENT SYMPTOMS**

Where are you currently having symptoms? \_\_\_\_\_

What date (approximately) did your present pain start? \_\_\_\_\_

How (gradually, suddenly, injury)? \_\_\_\_\_

My symptoms are currently: **Getting better** / **About the same** / **Getting worse**

Have you received any treatment for this problem? \_\_\_\_\_

Have you ever had this problem before: **YES** / **NO**

If so, how was the problem treated? \_\_\_\_\_

How long did it take for you to feel better? \_\_\_\_\_

How are you able to sleep at night?  Fine  Moderate Difficulty  Only with medication

What is your personal goal for therapy? \_\_\_\_\_

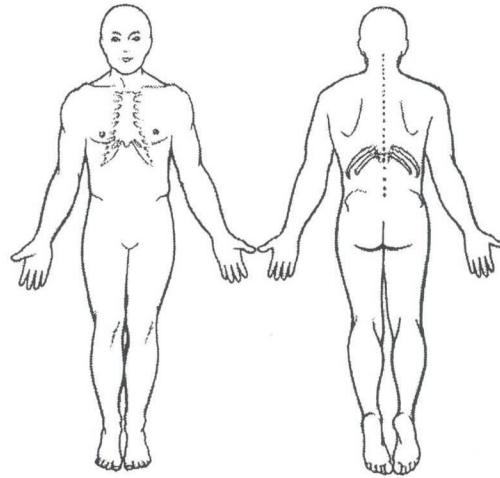
Do you have any barriers to learning, if so list? \_\_\_\_\_

**CONSENT:** I understand that my diagnosis & treatment plan will be discussed during my appointment and that I have the right to question and/or refuse any treatment offered. \_\_\_\_\_ (Sign)

**TURN OVER**

**Body Chart:**

Please mark the areas where you feel pain on the chart to the right



**For the therapist**

- +/- Cough/Sneeze
- +/- Saddle Anesth.
- +/- Bwl/Blldr Chnge
- +/- Numb/Ting.

**On the scales below, please circle the number which best represents the severity of your pain is.**

*Average* for the last 48 hours:

No Pain 0 1 2 3 4 5 6 7 8 9 10 Worst Pain Imaginable

*Best* for the last 48 hours:

No Pain 0 1 2 3 4 5 6 7 8 9 10 Worst Pain Imaginable

*Worst* for the last 48 hours:

No Pain 0 1 2 3 4 5 6 7 8 9 10 Worst Pain Imaginable

**Please circle the number below which best represents your overall average level of function.**

Cannot do anything 0 1 2 3 4 5 6 7 8 9 10 Able to do everything

What makes your symptoms better? \_\_\_\_\_  
 \_\_\_\_\_

Please circle the activities which make your pain worse: sitting  
 lying down standing  
 walking stress

Any other activities that make your pain worse?:

Please list the best and worst time of day for your symptoms } Best -  
 } Worst -

**Aggravating Factors:** Identify up to 3 important activities that you are unable to do or are having difficulty with as a result of your problem. List them below:

- 1) \_\_\_\_\_
- 2) \_\_\_\_\_
- 3) \_\_\_\_\_

**Below for the Therapist:**  
 Rating: \_\_\_\_\_  
 Rating: \_\_\_\_\_  
 Rating: \_\_\_\_\_  
 AVG: \_\_\_\_\_

**Therapist Use**

Unable to perform activity 0 1 2 3 4 5 6 7 8 9 10 Able to perform activity at same level as before your (injury or problem)